



CONWAYS

KILDAVIN



Healthy Flavours, Made With A
Smile, Served With Love.

MENU

BRUNCH 11AM TO 4PM | À LA CARTE 4PM TO 8PM | TAKEAWAY 12PM TO 8PM

- GLUTEN-FREE BREAD AND OTHER SUBSTITUTIONS MAY BE AVAILABLE. CROSS-CONTAMINATION CANNOT BE RULED OUT IN A WORKING KITCHEN.
- PLEASE TELL A MEMBER OF STAFF ABOUT ANY ALLERGY OR DIETARY REQUIREMENT BEFORE ORDERING.

BRUNCH MENU



APPETISERS & STARTERS

SOUP OF THE DAY

HOMEMADE SEASONAL SOUP SERVED
WITH BROWN SODA BREAD.
ALLERGENS: 1, 7, 9

GARLIC MOZZARELLA BREAD

GARLIC AND HERB CIABATTA TOPPED
WITH MOZZARELLA.
ALLERGENS: 1, 7

CREAMY SEAFOOD CHOWDER

FRESH FISH, SMOKED FISH AND MIREPOIX
VEGETABLES IN A CREAMY CHOWDER,
SERVED WITH BROWN SODA BREAD.
ALLERGENS: 1, 4, 7, 9, 12



GOLDEN FRIED GARLIC MUSHROOMS

BREADED MUSHROOMS WITH GARLIC
MAYONNAISE AND DRESSED LEAVES.
ALLERGENS: 1, 3, 7, 10

CLASSIC CAESAR SALAD

COS LETTUCE, BACON LARDONS, CROUTONS,
PARMESAN AND HOMEMADE CAESAR DRESSING.
ADD CHICKEN €3.50.
ALLERGENS: 1, 3, 4, 7, 10, 12

CAJUN CHICKEN SALAD

CAJUN CHICKEN, MIXED LEAVES, PEPPERS,
RED ONION AND HOUSE DRESSING.
ALLERGENS: 7, 10, 12

CRISPY BRIE

GOLDEN FRIED BRIE, DRESSED LEAVES,
BERRY COULIS AND RED ONION JAM.
ALLERGENS: 1, 3, 7, 10, 12

CONWAY'S HOT CHICKEN WINGS

HOMEMADE SIGNATURE SAUCE OR
BBQ WINGS WITH BLUE CHEESE DIP
AND CELERY STICKS.
ALLERGENS: 7, 9, 10, 12

CONWAY'S CHICKEN TENDERS

CRISPY BUTTERMILK-MARINATED CHICKEN
STRIPS, SERVED WITH SATAY SAUCE.
ALLERGENS: 1, 3, 7, 12



SANDWICHES, PANINIS (NIGELLA) & WRAPS



CONWAY'S GRAND CLUB

GRILLED CHICKEN, BACON, MIXED LEAVES, TOMATO AND GARLIC MAYO ON A TOASTED CHOICE OF BREAD. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12

BLT

GRILLED STREAKY BACON, MIXED LEAVES, BEEF TOMATO AND HOMEMADE GARLIC MAYO ON A TOASTED CHOICE OF BREAD. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12

CONWAY'S CORONATION CHICKEN

HOMEMADE CORONATION CHICKEN ON FRESHLY BAKED BROWN BREAD, TOPPED WITH MANGO CHUTNEY, GRAPES AND TOASTED FLAKED ALMONDS. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 6, 7, 8, 10, 12

TOASTED SPECIAL

HAM, CHEDDAR, RED ONION AND TOMATO ON WHITE OR BROWN BREAD. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 7, 10, 12

CAJUN CHICKEN PANINI

CAJUN CHICKEN, RED ONION, CHEDDAR AND CAJUN MAYO. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12

CRISPY CHICKEN WRAP

CRISPY CHICKEN, MOZZARELLA, LETTUCE AND SWEET CHILLI SAUCE. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12



CHICKEN GOUJON WRAP

CHICKEN GOUJONS, MOZZARELLA, LETTUCE AND SWEET CHILLI SAUCE. SERVED WITH SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12

CHICKEN CAESAR WRAP

GRILLED CHICKEN (CAJUN, PLAIN OR GOUJONS), CRISPY BACON, BABY GEM LETTUCE, PARMESAN AND CAESAR DRESSING IN A SOFT TORTILLA. SERVED WITH CHIPS AND SIDE SALAD.

ALLERGENS: 1, 3, 7, 10, 12

CONWAY'S FARMHOUSE MELT

STEAMED CHICKEN, SAVOURY HERB & ONION STUFFING, MELTED MATURE CHEDDAR AND CREAMY GARLIC MAYO, SERVED IN A TOASTED NIGELLA SEED PANINI. SERVED WITH CHIPS AND SIDE SALAD.

ALLERGENS: 1, 3, 7, 9, 10, 12

SANDWICHES, PANINIS (NIGELLA) & WRAPS

VEGETABLE SCAMORZA

SMOKED MOZZARELLA, ROASTED VEGETABLES AND BASIL
PESTO ON TOASTED SOURDOUGH/TIGER.
ALLERGENS: 1, 7, 8

GRILLED CHICKEN SCAMORZA

GRILLED CHICKEN, SMOKED MOZZARELLA AND BASIL
PESTO ON TOASTED SOURDOUGH/TIGER.
ALLERGENS: 1, 7, 8

CONWAY'S HOME-BAKED HAM

HOME-BAKED HAM, BABY GEM LETTUCE AND RED ONION,
TOMATO RELISH, SMOKED MOZZARELLA ON TOASTED
SOURDOUGH/TIGER.
ALLERGENS: 1, 3, 7, 10, 12



PRAWN PIL PIL

PRAWNS AND CHORIZO WITH GARLIC, CHILLI AND SMOKED
PAPRIKA ON CRISPY TIGER BREAD.
ALLERGENS: 1, 2, 7, 12

STEAK SAMBO 60Z

PAN-FRIED IRISH BEEF STEAK ON AN ONION AND
POPPYSEED BAP, CRISP LEAVES, RED ONION MARMALADE,
SAUTÉED GARLIC MUSHROOM, DIJON MUSTARD
MAYONNAISE, CHIPS, SIDE SALAD AND PEPPER SAUCE DIP.
ALLERGENS: 1, 3, 7, 9, 10, 12



SANDWICH OF YOUR CHOICE

CHOOSE ANY 2 OR 3 FILLINGS ON A CHOICE OF BREAD
(GLUTEN-FREE / WHITE PAN / BROWN). UPGRADE WITH
TODAY'S HOMEMADE SOUP OR CHIPS FOR €12.95.
ALLERGENS: DEPENDING ON FILLINGS — PLEASE ASK
YOUR SERVER

BRUNCH FAVOURITES

EGGS YOUR WAY

FRIED, POACHED OR SCRAMBLED EGGS WITH TOAST OR BROWN SODA BREAD.

ALLERGENS: 1, 3, 7

CONWAY'S OMELETTE

THREE-EGG OMELETTE WITH A CHOICE OF HAM, ONION, MUSHROOMS, PEPPERS, TOMATO AND CHEESE. SERVED WITH SALAD AND CHIPS.

ALLERGENS: 3, 7, 10, 12

AVOCADO TOAST

TOASTED SOURDOUGH, AVOCADO MASH, POACHED EGG AND BALLYMALOE RELISH. ADD BACON €2.00.

ALLERGENS: 1, 3, 7, 10, 12

EGGS BENEDICT

TWO POACHED EGGS AND GRILLED BACON ON TIGER VIENNA BREAD WITH HOLLANDAISE.

ALLERGENS: 1, 3, 7



SALADS

CONWAY'S CHILLI CHICKEN SALAD

CRISPY CHICKEN STRIPS, MIXED LEAVES, RED CHILLI, GINGER, SPRING ONION AND SWEET CHILLI DRESSING.

ALLERGENS: 1, 6, 7, 9, 10, 11, 12

CONWAY'S CRISPY CHICKEN SALAD

CRISPY CHICKEN, MIXED LEAVES, TOMATO, RED ONION, CUCUMBER AND SWEET CHILLI AND MAYO DRESSING.

ALLERGENS: 1, 3, 7, 10, 12

GOATS CHEESE SALAD

GOATS CHEESE, MIXED LEAVES, POACHED PEAR, BALSAMIC BEETROOT, CANDIED WALNUTS AND HOUSE DRESSING.

ALLERGENS: 7, 8, 10, 12

CONWAY'S BUDDHA BOWL (GF/VEG)

RAINBOW COLESLAW, COOKED BEETROOT, RED ONION, AVOCADO, ROASTED MEDITERRANEAN VEGETABLES, MIXED LEAVES, HUMMUS AND HOMEMADE BASIL OIL.

ALLERGENS: 3, 7, 10, 12



CURRY, STIR FRIES & STROGANOFF

CONWAY'S CHICKEN STIR FRY HALF & HALF

CHICKEN STRIPS, ONIONS AND PEPPERS IN HOMEMADE STIR-FRY SAUCE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 1, 6, 11

SWEET AND SOUR STIR FRY HALF & HALF (CHICKEN/ PRAWNS) (GF/VEG)

A VIBRANT STIR FRY WITH YOUR CHOICE OF CHICKEN, PRAWNS OR VEGETABLE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 2,6

BEEF STIR FRY

IRISH BEEF STRIPS, ONIONS AND PEPPERS IN HOMEMADE STIR-FRY SAUCE, SERVED WITH RICE OR CHIPS.
ALLERGENS: 1, 6, 11



KING PRAWN STIR FRY

KING PRAWNS AND VEGETABLES IN HOMEMADE STIR-FRY SAUCE, SERVED WITH RICE OR CHIPS.
ALLERGENS: 1, 2, 3, 6, 11

VEGETABLE STIR FRY

SEASONAL VEGETABLES IN SWEET CHILLI AND BLACK BEAN SOYA SAUCE, SERVED WITH RICE OR CHIPS.
ALLERGENS: 1, 6, 11

BEEF STROGANOFF HALF & HALF

SHREDDED BEEF, PEPPERS AND MUSHROOMS IN A CREAMY CHEF'S SAUCE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 7, 9, 12

CONWAY'S CHICKEN CURRY HALF & HALF

CHEF'S CURRY SAUCE WITH CHICKEN, SERVED WITH HALF RICE AND HALF CHIPS. MILD / MEDIUM / HOT.
ALLERGENS: 1, 7, 9, 10, 12

BURGERS

CHICKEN FILLET BURGER

GRILLED OR CRISPY CHICKEN FILLET, CHEDDAR, LETTUCE, TOMATO, GARLIC MAYO AND CHIPS.
ALLERGENS: 1, 3, 7, 10, 11

CAJUN CHICKEN BURGER

CAJUN CHICKEN BREAST, CHEDDAR, LETTUCE, TOMATO, CAJUN MAYO AND CHIPS.
ALLERGENS: 1, 3, 7, 10, 11, 12

CONWAY'S CHICKEN BURGER

CRISPY CHICKEN, STREAKY BACON, CHEDDAR, LETTUCE, TOMATO, HOUSE SAUCE AND CHIPS.
ALLERGENS: 1, 3, 7, 10, 11, 12

CONWAY'S BEEF BURGER

IRISH ANGUS CHUCK AND BRISKET BURGER, BRIOCHE BAP, ONION, LETTUCE, TOMATO, GARLIC MAYO AND CHIPS. ADD BACON €3.00.
ALLERGENS: 1, 3, 7, 10, 11

VEGAN BURGER

VEGAN BURGER IN A GLUTEN-FREE BUN WITH VEGAN CHEESE, RED ONION JAM, LETTUCE, TOMATO, VEGAN MAYO AND FRIES.
ALLERGENS: 1, 6, 11, 12



PASTA

CONWAY'S LASAGNE AL FORNO

HOMEMADE BEEF LASAGNE BAKED WITH BÉCHAMEL AND CHEESE, SERVED WITH SALAD AND CHIPS.
ALLERGENS: 1, 3, 7, 9, 12

PASTA CARBONARA

PENNE, BACON LARDONS AND PANCETTA IN A CREAMY PARMESAN SAUCE. ADD CHICKEN €3.00.
ALLERGENS: 1, 3, 7

PASTA ALA ROMA

PENNE, CHICKEN, BACON, PANCETTA AND MUSHROOMS IN A CREAMY WHITE SAUCE.
ALLERGENS: 1, 3, 7

CAJUN CHICKEN PASTA

CAJUN CHICKEN PENNE IN A CREAMY CAJUN SAUCE WITH PARMESAN AND GARLIC CIABATTA.
ALLERGENS: 1, 3, 7, 12

CONWAY'S LINGUINI

CHICKEN, SMOKED BACON AND MUSHROOM IN A CREAMY SAUCE.
ALLERGENS: 1, 3, 7



À LA CARTE MENU / TAKEAWAY



TO START



SOUP OF THE DAY

HOMEMADE SEASONAL SOUP SERVED
WITH BROWN SODA BREAD.
ALLERGENS: 1, 7, 9

CREAMY SEAFOOD CHOWDER

FRESH FISH AND MIREPOIX VEGETABLES IN A
CREAMY CHOWDER, SERVED WITH BROWN SODA
BREAD.
ALLERGENS: 1, 4, 7, 9, 12

GOLDEN FRIED GARLIC MUSHROOMS

BREADED MUSHROOMS, GARLIC MAYONNAISE
AND SALAD.
ALLERGENS: 1, 3, 7, 10

CRISPY BRIE

GOLDEN FRIED BRIE, BERRY COULIS, RED ONION
JAM AND SALAD.
ALLERGENS: 1, 3, 7, 10, 12

HOMEMADE ONION BHAJI

SPICED GRAM-FLOUR ONION BHAJI WITH MANGO CHUTNEY.
ALLERGENS: 10, 12

HOT CHICKEN WINGS

BUFFALO OR BBQ WINGS WITH BLUE CHEESE DIP AND CELERY.
ALLERGENS: 7, 9, 10, 12

TEMPURA KING PRAWNS

TEMPURA PRAWNS WITH GARLIC MAYO AND SWEET CHILLI
SAUCE.
ALLERGENS: 1, 2, 3, 6, 7, 10

DUCK SPRING ROLLS

HOMEMADE DUCK SPRING ROLLS WITH SWEET CHILLI SAUCE.
ALLERGENS: 1, 6, 11

GARLIC MOZZARELLA BREAD

CIABATTA WITH GARLIC-HERB BUTTER AND MOZZARELLA.
ALLERGENS: 1, 7



À LA CARTE MENU / TAKEAWAY



FROM THE GRILL, FISH & TEMPURA



CHICKEN ALA FROG

CHICKEN FILLET, BACON AND CHEDDAR, SERVED WITH SALAD AND CHIPS.

ALLERGENS: 1, 3, 7, 10, 11

8 OZ ANGUS SIRLOIN STEAK

KALE, MUSHROOMS, RED-WINE SHALLOTS, CHIPS AND A CHOICE OF PEPPER SAUCE OR GARLIC BUTTER.

ALLERGENS: 7, 9, 12

CONWAY'S FISH & CHIPS

BEER-BATTERED COD OR TEMPURA HADDOCK, CRUSHED PEAS, TARTARE SAUCE AND SALAD CHIPS.

ALLERGENS: 1, 3, 4, 7, 10, 12

CONWAY'S SEABASS

PAN-SEARED SEA BASS, POTATO GRATIN, SEASONAL VEGETABLES AND LEMON DILL SAUCE.

ALLERGENS: 4, 7, 9, 12



TEMPURA CHICKEN

TEMPURA CHICKEN STRIPS, SWEET CHILLI, GARLIC MAYO, SALAD AND CHIPS.

ALLERGENS: 1, 3, 6, 7, 10

TEMPURA KING PRAWNS

TEMPURA KING PRAWNS, SWEET CHILLI, GARLIC MAYO, SALAD AND CHIPS.

ALLERGENS: 1, 2, 3, 6, 7, 10



À LA CARTE MENU / TAKEAWAY



CONWAY'S CURRIES & HALF AND HALF

CONWAY'S CHICKEN CURRY HALF & HALF

CHEF'S CURRY SAUCE WITH CHICKEN, SERVED WITH HALF RICE AND HALF CHIPS. MILD / MEDIUM / HOT.
ALLERGENS: 1, 7, 9, 10, 12

CHICKEN TIKKA MASALA

SPICED MARINATED CHICKEN IN A CREAMY TOMATO SAUCE, WITH RICE, POPPADOM AND TOMATO RELISH.
ALLERGENS: 1, 7, 9, 10, 12

JALFREZI

(CHICKEN / BEEF / LAMB / PRAWNS / VEG)

SPICED MARINATED CHICKEN IN A CREAMY TOMATO SAUCE, WITH RICE, POPPADOM AND TOMATO RELISH.
ALLERGENS: 1, 7, 9, 10, 12

VINDALOO

(CHICKEN / BEEF / LAMB)

MARINATED MEAT IN A VERY HOT TRADITIONAL SPICED SAUCE, WITH RICE AND POPPADOM.
ALLERGENS: 1, 7, 9, 10, 12



BHUNA

(CHICKEN / BEEF / LAMB)

MARINATED MEAT IN A RICH SPICED TOMATO SAUCE WITH TOMATO AND MINT, WITH RICE AND POPPADOM.
ALLERGENS: 1, 7, 9, 10, 12

CURRY HALF & HALF

(BEEF / LAMB)

IN CHEF'S CURRY SAUCE, SERVED WITH HALF RICE AND HALF CHIPS.
ALLERGENS: 1, 7, 9, 10, 12

LAMB TIKKA MASALA

MARINATED LAMB IN A CREAMY SPICED TOMATO SAUCE, SERVED WITH RICE AND POPPADOM.
ALLERGENS: 1, 7, 9, 10, 12

VEGETABLE CURRY

SEASONAL VEGETABLES IN TRADITIONAL CURRY SAUCE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 1, 7, 9, 10, 12



JALFREZI, VINDALOO AND BHUNA ARE ALSO AVAILABLE WITH BEEF, LAMB, PRAWNS OR VEGETABLES. PRICE VARIES BY PROTEIN.

À LA CARTE MENU / TAKEAWAY



STIR FRIES & STROGANOFF



CHICKEN STIR FRY HALF & HALF

€18.95

CHICKEN STRIPS, ONIONS AND PEPPERS IN HOMEMADE STIR-FRY SAUCE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 1, 6, 11

SWEET AND SOUR STIR FRY HALF & HALF (CHICKEN/ PRAWNS) (GF/VEG)

€19.95

A VIBRANT STIR FRY WITH YOUR CHOICE OF CHICKEN, PRAWNS OR VEGETABLE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 2,6

KING PRAWN STIR FRY

€19.95

KING PRAWNS AND VEGETABLES IN HOMEMADE STIR-FRY SAUCE, SERVED WITH RICE OR CHIPS.
ALLERGENS: 1, 2, 3, 6, 11

VEGETABLE STIR FRY

€14.95

SEASONAL VEGETABLES IN SWEET CHILLI AND BLACK BEAN SOYA SAUCE, SERVED WITH RICE OR CHIPS.
ALLERGENS: 1, 6, 11

BEEF STROGANOFF HALF & HALF

€18.95

SHREDDED BEEF, PEPPERS AND MUSHROOMS IN A CREAMY CHEF'S SAUCE, SERVED WITH RICE AND CHIPS.
ALLERGENS: 7, 9, 12

À LA CARTE MENU / TAKEAWAY



PASTA

CONWAY'S LASAGNE AL FORNO

HOMEMADE BEEF LASAGNE BAKED WITH BÉCHAMEL AND CHEESE, SERVED WITH SALAD AND CHIPS.
ALLERGENS: 1, 3, 7, 9, 12

PASTA CARBONARA

PENNE, BACON LARDONS AND PANCETTA IN A CREAMY PARMESAN SAUCE. ADD CHICKEN €3.00.
ALLERGENS: 1, 3, 7

PASTA ALA ROMA

PENNE, CHICKEN, BACON, PANCETTA AND MUSHROOMS IN A CREAMY WHITE SAUCE.
ALLERGENS: 1, 3, 7

PENNE CASA

PENNE WITH CHICKEN AND PEPPERS IN A CREAMY TOMATO SAUCE.
ALLERGENS: 1, 3, 7

PENNE NAPOLITANO

PENNE AND MIXED PEPPERS IN HOMEMADE TOMATO AND BASIL SAUCE.
ALLERGENS: 1, 3

CAJUN CHICKEN PASTA

CAJUN CHICKEN PENNE IN A CREAMY CAJUN SAUCE WITH PARMESAN AND GARLIC CIABATTA.
ALLERGENS: 1, 3, 7, 12

CONWAY'S LINGUINI

CHICKEN, SMOKED BACON AND MUSHROOM IN A CREAMY SAUCE.
ALLERGENS: 1, 3, 7



À LA CARTE MENU / TAKEAWAY



CHILDREN'S MENU

CHICKEN CURRY

CHICKEN CURRY WITH RICE OR CHIPS.
ALLERGENS: 1, 7, 9, 10, 12

CHICKEN GOUJONS

BREADED CHICKEN GOUJONS WITH CHIPS.
ALLERGENS: 1, 3, 7, 10, 12

SAUSAGE & CHIPS

IRISH PORK SAUSAGES WITH CHIPS.
ALLERGENS: 1, 6, 12

BEEF BURGER & CHIPS

BEEF BURGER IN A BUN WITH CHIPS.
ALLERGENS: 1, 3, 7, 11

CHICKEN NUGGETS & CHIPS

CHICKEN NUGGETS WITH CHIPS.
ALLERGENS: 1, 3, 7, 10, 12

CHICKEN PASTA

PENNE WITH CHICKEN AND PEPPERS IN TOMATO SAUCE.
ALLERGENS: 1, 3, 7



À LA CARTE MENU / TAKEAWAY



BURGERS

BURGERS

GRILLED OR CRISPY CHICKEN FILLET, CHEDDAR, LETTUCE, TOMATO, GARLIC MAYO AND CHIPS.

ALLERGENS: 1, 3, 7, 10, 11

CAJUN CHICKEN BURGER

CAJUN CHICKEN BREAST, CHEDDAR, LETTUCE, TOMATO, CAJUN MAYO AND CHIPS.

ALLERGENS: 1, 3, 7, 10, 11, 12

CONWAY'S CHICKEN BURGER

CRISPY CHICKEN, STREAKY BACON, CHEDDAR, LETTUCE, TOMATO, HOUSE SAUCE AND CHIPS.

ALLERGENS: 1, 3, 7, 10, 11, 12

CONWAY'S BEEF BURGER

IRISH ANGUS CHUCK AND BRISKET BURGER, BRIOCHE BAP, ONION, LETTUCE, TOMATO, GARLIC MAYO AND CHIPS. ADD BACON €3.00.

ALLERGENS: 1, 3, 7, 10, 11

VEGAN BURGER

VEGAN BURGER IN A GLUTEN-FREE BUN WITH VEGAN CHEESE, RED ONION JAM, LETTUCE, TOMATO, VEGAN MAYO AND FRIES.

ALLERGENS: 1, 6, 11, 12



À LA CARTE MENU / TAKEAWAY



DESSERTS

CHEESECAKE OF THE DAY

SERVED WITH WHIPPED CREAM.

ALLERGENS: 1, 3, 7

WARM STICKY TOFFEE PUDDING

CARAMEL SAUCE, VANILLA ICE CREAM AND CREAM.

ALLERGENS: 1, 3, 7

CHOCOLATE BROWNIE

VANILLA ICE CREAM, CREAM AND CARAMEL SAUCE.

ALLERGENS: 1, 3, 7, 8

APPLE & CINNAMON CRUMBLE

CUSTARD, CREAM AND VANILLA ICE CREAM.

ALLERGENS: 1, 3, 7

LEMON MERINGUE PIE

SERVED WITH FRESH CREAM.

ALLERGENS: 1, 3, 7

BAILEYS MALTESERS CHEESECAKE

SERVED WITH WHIPPED CREAM.

ALLERGENS: 3, 7



PAVLOVA WITH FRESH FRUIT

SERVED WITH WHIPPED CREAM.

ALLERGENS: 1, 3, 7

CONWAY'S LAYERED JELLY

SERVED WITH FRESH CREAM.

ALLERGENS: 7

BANOFFI PIE

SERVED WITH FRESH CREAM.

ALLERGENS: 1, 3, 7

PEAR & ALMOND TART

CUSTARD, CREAM AND VANILLA ICE CREAM.

ALLERGENS: 1, 3, 7, 8

SHERRY TRIFLE

ASK STAFF FOR DETAILS.

ALLERGENS: TBC

À LA CARTE MENU / TAKEAWAY



SIDES

FRIES

CRISPY FRIES.
ALLERGENS: 1



SILKY SIGNATURE MASH

CREAMY MASHED POTATO.
ALLERGENS: 7



SEASONAL VEGETABLES

CHEF'S SELECTION OF SEASONAL VEGETABLES.
ALLERGENS: NONE DECLARED

STEAMED RICE

STEAMED BASMATI RICE.
ALLERGENS: NONE DECLARED

GARLIC BREAD

GARLIC AND HERB CIABATTA.
ALLERGENS: 1, 7

SIDE SALAD

MIXED LEAVES AND HOUSE DRESSING.
ALLERGENS: 10, 12

GARLIC BUTTER

HOMEMADE GARLIC AND HERB BUTTER.
ALLERGENS: 7



ALLERGEN INFORMATION

ALLERGEN KEY

1. GLUTEN-CONTAINING CEREALS, INCLUDING WHEAT 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK
8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE AND SULPHITES 13. LUPIN 14. MOLLUSCS

GLUTEN-FREE MENU



ALL DISHES BELOW ARE GLUTEN-FREE OR SERVED ON GLUTEN-FREE BREAD

- ALL PRICES ARE RECOMMENDED SAMPLE SELLING PRICES INCLUDING VAT AND SHOULD BE CONFIRMED AFTER RECIPE COSTING.
- GLUTEN-FREE BREAD, BUNS AND OTHER SUBSTITUTIONS ARE USED THROUGHOUT THIS MENU. CROSS-CONTAMINATION CANNOT BE FULLY RULED OUT IN A WORKING KITCHEN.
- CORONATION CHICKEN AND THE BLT ARE ALSO AVAILABLE ON GLUTEN-FREE BREAD — SEE OUR SANDWICH MENU FOR FULL DETAILS.
- PLEASE TELL A MEMBER OF STAFF ABOUT ANY ALLERGY OR DIETARY REQUIREMENT BEFORE ORDERING.

SOUPS, STARTERS

SOUP OF THE DAY (GF)

HOMEMADE SEASONAL SOUP SERVED WITH GLUTEN-FREE BREAD.

ALLERGENS: 7, 9

CREAMY SEAFOOD CHOWDER (GF)

FRESH FISH, SMOKED FISH AND MIREPOIX VEGETABLES IN A CREAMY CHOWDER, SERVED WITH GLUTEN-FREE BREAD.

ALLERGENS: 4, 7, 9, 12

HOMEMADE ONION BHAJI

SPICED GRAM-FLOUR ONION BHAJI WITH MANGO CHUTNEY.

ALLERGENS: 10, 12

SALADS

CAJUN CHICKEN SALAD

CAJUN CHICKEN, MIXED LEAVES, PEPPERS, RED ONION AND HOUSE DRESSING.

ALLERGENS: 7, 10, 12

GOATS CHEESE SALAD

GOATS CHEESE, MIXED LEAVES, POACHED PEAR, BALSAMIC BEETROOT, CANDIED WALNUTS AND HOUSE DRESSING.

ALLERGENS: 7, 8, 10, 12

CONWAY'S BUDDHA BOWL

RAINBOW COLESLAW, COOKED BEETROOT, RED ONION, AVOCADO, ROASTED MEDITERRANEAN VEGETABLES, MIXED LEAVES, HUMMUS AND HOMEMADE BASIL OIL.

ALLERGENS: 3, 7, 10, 12

GLUTEN-FREE MENU



CURRIES (SERVED WITH RICE)

CONWAY'S CHICKEN CURRY

CHEF'S CURRY SAUCE WITH CHICKEN, SERVED WITH RICE.
MILD / MEDIUM / HOT. (ASK FOR GF POPPADOM OR OMIT
FOR STRICT GF.)
ALLERGENS: 7, 10, 12

VEGETABLE CURRY

SEASONAL VEGETABLES IN TRADITIONAL CURRY
SAUCE, SERVED WITH RICE.
ALLERGENS: 7, 10, 12

FROM THE GRILL & FISH

8 OZ ANGUS SIRLOIN STEAK

KALE, MUSHROOMS, RED-WINE SHALLOTS AND A CHOICE OF
PEPPER SAUCE OR GARLIC BUTTER, SERVED WITH SEASONAL
VEGETABLES IN PLACE OF CHIPS.
ALLERGENS: 7, 9, 12

CONWAY'S SEABASS

PAN-SEARED SEA BASS, POTATO GRATIN,
SEASONAL VEGETABLES AND LEMON DILL SAUCE.
ALLERGENS: 4, 7, 9, 12

DESSERT

SELECTION OF ICE CREAM

ASK STAFF FOR TODAY'S FLAVOURS.
ALLERGENS: 7

ALLERGEN INFORMATION

ALLERGEN KEY

1. GLUTEN-CONTAINING CEREALS, INCLUDING WHEAT 2. CRUSTACEANS 3. EGGS 4. FISH 5. PEANUTS 6. SOYA 7. MILK
8. TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME SEEDS 12. SULPHUR DIOXIDE AND SULPHITES 13. LUPIN 14. MOLLUSCS

BREAKFAST MENU

SERVED WITH TEA / BLACK COFFEE, JUICE AND TOAST OR BROWN BREAD



TRADITIONAL BREAKFASTS

MEGA IRISH BREAKFAST

2 RASHERS, 2 SAUSAGES, 2 PUDDING, 1 TOMATO, BEANS, SAUTÉED MUSHROOMS, 2 HASHBROWNS, 2 FRIED EGGS (SCRAMBLED/POACHED +€1) — SERVED WITH TEA/COFFEE, TOAST/BROWN BREAD, ORANGE JUICE AND CHIPS
ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK, MUSTARD, SULPHUR DIOXIDE

FULL IRISH

2 O'NEILL'S SAUSAGES, 2 O'NEILL'S BACON, BLACK AND WHITE PUDDING, GRILLED MUSHROOMS, FRIED POTATOES, BAKED BEANS, FREE RANGE EGG AND TOAST
ALLERGENS: GLUTEN, EGGS, MILK, SULPHUR DIOXIDE

SMALL FRY

O'NEILL'S SAUSAGE, O'NEILL'S BACON, BAKED BEANS, BLACK AND WHITE PUDDING, FREE RANGE EGG AND TOAST
ALLERGENS: GLUTEN, EGGS, SULPHUR DIOXIDE

VEGETARIAN BREAKFAST

2 EGGS (SCRAMBLED/POACHED +€1), 2 HASH BROWNS, GRILLED TOMATO, SAUTÉED MUSHROOMS AND BEANS — EXTRA ITEMS €1 EACH
ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK



VEGAN BREAKFAST

2 VEGAN SAUSAGES, 2 HASHBROWNS, 1 TOMATO, SAUTÉED MUSHROOMS, SPINACH, BEANS AND AVOCADO — EXTRA ITEMS €1 EACH
ALLERGENS: GLUTEN, SOYBEANS, MILK

GLUTEN FREE BREAKFAST

2 CLONAKILTY SAUSAGES, 2 O'NEILL'S BACON, GRILLED MUSHROOMS, FRIED POTATOES, BAKED BEANS, FREE RANGE EGG, HALF BEEF TOMATO AND GLUTEN FREE TOAST
ALLERGENS: EGGS, SOYBEANS, SULPHUR DIOXIDE

FITNESS BREAKFAST

2 TURKEY SAUSAGES, 2 RASHERS (FAT REMOVED), 2 POACHED EGGS, 1 TOMATO, SAUTÉED MUSHROOMS AND SPINACH
ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK, MUSTARD, SULPHUR DIOXIDE

BREAKFAST MENU



BRUNCH FAVOURITES

THE BALLYMALOE BREAKFAST

TOASTED SOURDOUGH BREAD TOPPED WITH AVOCADO MASH, BALLYMALOE RELISH AND AN EGG COOKED TO YOUR LIKING, FINISHED WITH A SPRINKLE OF BALSAMIC GLAZE — ADD BACON +€2

ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK, MUSTARD

THE HEALTHY BREAKFAST

TOASTED SOURDOUGH BREAD TOPPED WITH CREAM CHEESE OR AVOCADO MASH, SMOKED SALMON AND AN EGG COOKED TO YOUR LIKING

ALLERGENS: GLUTEN, EGGS, FISH, SOYBEANS, MILK

SOURDOUGH AVOCADO AND EGGS

AVOCADO ON TOASTED WHOLEGRAIN SOURDOUGH WITH 2 POACHED EGGS — ADD SMOKED SALMON €4, ADD O'NEILL'S BACON €2, ADD GRILLED MUSHROOMS €2

ALLERGENS: GLUTEN, EGGS

WILD MUSHROOM & SPINACH TOAST

SAUTÉED WILD MUSHROOMS AND BABY SPINACH IN A CREAM SAUCE, SERVED ON WHOLEGRAIN SOURDOUGH TOAST WITH POACHED EGGS

— ADD ANY EXTRA BREAKFAST ITEM €2

ALLERGENS: GLUTEN, EGGS



EGGS YOUR WAY & BENEDICTS

EGGS YOUR WAY

FRIED, POACHED OR SCRAMBLED, SERVED WITH TOAST OR HOMEMADE BROWN SODA BREAD — SWAP TO WHOLEGRAIN SOURDOUGH +€1, ADD SMOKED SALMON +€4, ADD O'NEILL'S BACON +€2, ADD GRILLED MUSHROOMS +€2

ALLERGENS: GLUTEN, EGGS, MILK

EGGS BENEDICT

2 POACHED EGGS, GRILLED O'NEILL'S BACON, SERVED ON TOASTED TIGER VIENNA BREAD WITH HOMEMADE HOLLANDAISE SAUCE

ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK

EGGS ROYALE

2 POACHED EGGS, SMOKED SALMON, SERVED ON TOASTED TIGER VIENNA BREAD WITH HOMEMADE HOLLANDAISE SAUCE

ALLERGENS: GLUTEN, EGGS, FISH, SOYBEANS, MILK

EGGS FLORENTINE

2 POACHED EGGS, BUTTERED WILTED BABY SPINACH, SERVED ON TOASTED TIGER VIENNA BREAD WITH HOMEMADE HOLLANDAISE SAUCE — ADD GRILLED MUSHROOMS €2, ADD SAUTÉED SPINACH €2

ALLERGENS: GLUTEN, EGGS, SOYBEANS, MILK

